
Richard Kogan, MD: Music and the Mind

On March 18, 2008, Dr. Richard Kogan gave the Lloyd Wade Kitchens Lecture at internal medicine grand rounds (*Figure*). The title of Dr. Kogan's presentation was "Music and the Mind: George Gershwin." Dr. Kogan has had an active career as both a concert pianist and a psychiatrist. He has been praised for his "exquisite playing" by the *New York Times*. The *Boston Globe* wrote: "Kogan has somehow managed to excel at the world's two most demanding professions." He won first prize in the Chopin Competition of the Kosciuszko Foundation and has performed throughout the world as a recitalist and orchestral soloist. He has been a frequent chamber music collaborator with cellist Yo-Yo Ma.

Dr. Kogan is a graduate of Juilliard Pre-College, Harvard College, and Harvard Medical School. He is a psychiatrist in private practice in New York City and is affiliated with Weill-Cornell Medical School as director of its Human Sexuality Program. He has combined his professional pursuits by giving lecture-performances that explore how the medical and psychiatric illnesses of the great composers influenced their creative output.

The lecture was given in memory of Dr. Kitchens, who trained in internal medicine and medical oncology at Baylor University Medical Center. He remained at Baylor for his entire



Figure. Dr. Michael Emmett, Dr. Kogan, Connie Coit Kitchens, and Dr. Marvin J. Stone after Dr. Kogan's grand rounds presentation.

career, practicing with Texas Oncology, PA. Dr. Kitchens also served as medical director of the Virginia R. Cvetko Patient Education and Psychosocial Center at the Baylor Sammons Cancer Center from 1980 until his death in 2001. He held a number of positions in the American College of Physicians, including governor, regent, master, and chair of the Ethics and Human Rights Committee. Lloyd was also an accomplished pianist, and George Gershwin was one of his favorite composers.

—MARVIN J. STONE, MD, MACP