Welcome to the Baylor University Medical Center Dietetic Internship
Meet the Dietetic Internship Team

- Susan Roberts, MS, RD, LD, CNSC – Dietetic Internship Director & Assistant Director of Clinical Nutrition
- Rose Pounders, RD, LD – Dietetic Internship Coordinator
History of the Baylor Internship Program –
Mr Powell and Ms Dambold established the program in 1953

Boone Powell Sr.
CEO BUMC
1946-1996

“The Dietetic Interns have a special place in my heart!”

Mary Ellen Dambold
Nutrition Services Director
1948-1970

“I’ve always been proud of the Dietetic Internship Program—many have gone on to do some great things!”
Program Description & Mission Statement

Program specifics:
- Established in 1953
- ACEND-accredited program, reaccredited in May 2010
- 10 month training program, with a Clinical/Nutrition Therapy Concentration Area

Our Mission: The BUMC Dietetic Internship Program’s mission is to provide an atmosphere in which the dietetic intern can apply and augment the knowledge base acquired from the academic setting. The program strives to prepare qualified dietetic professionals by imparting to each student the educational standards established by the ACEND.
Program Goals

- **Goal 1:** The program will prepare graduates to be competent, entry-level dietitians.

- **Goal 2:** The program will generate qualified dietitians for employment in the field of dietetics.

- **Goal 3:** The program will prepare graduates who demonstrate professionalism and continued learning.

- **Goal 4:** The program will prepare graduates who demonstrate a commitment to community service.
Clinical/Nutrition Therapy Concentration Competencies

- **CNT 1.** Develop a foundation which fosters expertise in comprehensive nutrition care to diverse populations in a variety of settings, including neonates, children with special needs and transplant recipients.

- **CNT 2.** Demonstrate an understanding of the role of nutrition-focused physical assessment.

- **CNT 3.** Demonstrate the ability to collect measurable data, analyze research, and document outcomes in the practice setting.

- **CNT 4.** Demonstrate the ability to locate, evaluate, and analyze research results for a question related to nutrition therapy for a specific condition.

- **CNT 5.** Demonstrate a higher level of understanding of risks and benefits associated with enteral and parenteral nutrition therapies in specific conditions.

- **CNT 6.** Demonstrate an understanding of the role of the dietitian in advanced practice skills, i.e. nutrition order writing and feeding tube placement.
Selection Criteria for the BUMC Internship

- Bachelor's degree by program start date
- Completion of a ACEND-approved Didactic Program in Dietetics
- Verification Statement of Completion of Academic requirements (within past 5 years) or Declaration of Intent to Complete Academic requirements
- Overall GPA & dietetic/nutrition-related course work GPA ≥ 3.0/4.0
- Activities demonstrating leadership & ability to work well with people
- Foodservice and/or hospital work experience is very important. Other work experience is helpful.
- Reference letters from professors and employer
  - Two professors in food and nutrition and current/recent employer
- Applicant's personal letter/statement
Final Acceptance is contingent upon:

- Submission of a Verification Statement of Completion of Academic requirements within 30 days of the start date of the program. Verification Statement must be dated within the last 5 years.

- Successful completion of the Baylor Health Care System employee health physical, drug screen and background check (going back 10 years). Any adverse findings may result in a candidate being denied final acceptance into the Dietetic Internship Program.

- Insurance requirements (purchased by intern)
  - Health insurance
  - Proof of automobile liability insurance
  - Malpractice liability insurance may need to be purchased by the intern
Internship Estimated Expenses

- Application fee –non-refundable - $75
- Internship Tuition - $7000
- Student Academy membership - $50
- Apartment housing varies - ~ $700 - $900/month
- White Scrubs/Safety Shoes - $50
- Meals (1 meal (~$5)/day provided 5 days/wk) – cost of meals outside of internship varies – estimate $10 - $15/day
Internship Estimated Expenses

- Miscellaneous (books, other resources as needed) - $50.00 to $100.00
- Travel (gasoline) to BUMC & other locations - $900.00
  - Note – distance for off-site rotations can vary
- Malpractice Liability Insurance - $24.00
- Graduate Credits - 6 hrs. (optional)
  - $1,768 (in-state)
  - $3,646 (out-of-state)
- Registration exam for dietitians (after graduation) - $200

* Please note listed expenses are estimates only
Orientation – First Week

- Hospital Orientation – 1.5 to 2 days
- Classes (vary from year to year):
  - Library Resources
  - Diabetes
  - Counseling Skills
  - Grief and Dying
  - Nutrition and Wounds
  - Introduction to Eating Disorders
  - Introduction to Head Start
- Additional classes are scheduled within the 10 month program
Introduction to Clinical Practice – combination of classes and hands-on activities

- Subjective global assessment & nutrition-focused physical exam
- Laboratory values in nutrition assessment
- Enteral & parenteral nutrition support
- Nutrition in oncology, intensive care, GI disease, pediatrics
- Dental area & nutrition, including intra- & extra-oral exam & assessment of the cranial nerves
- Simulation lab & hands-on activities including abdominal exam, heart & lung sounds, vital signs
Program Rotations

Clinical Rotations
- Bariatric Surgery
- Cardiology
- Diabetes
- Gastrointestinal Disease
- Hematopoietic Stem Cell Transplantation
- Liver Disease
- Neonatology
- Neurology
- Nutrition Support-Enteral/Parenteral
- Oncology
- Outpatient Counseling
- Organ Transplantation
- Pediatric Specialized Programs
- Rehabilitation
- Renal Disease
- Trauma

Rotations in the Community
- Central Admixture Pharmacy
- Dental
- Dialysis
- Eating Disorders
- Food Bank
- Head Start of Greater Dallas
- Home Infusion Therapy
- Pharmaceutical Sales
- School Food Service
- Timberlawn Mental Health Facility
- WIC

Breaks
- Christmas - 2 weeks
- Spring Break — 1 week

Staff Relief
(3 – 4 weeks at end of internship)
Major Project Assignments

- Seminar presentation (fall)
  - 1 hour in length
  - Graduate level content
- Research project and presentation (spring)
- National Nutrition Month (March)
- Journal Club presentation (spring)
  - 30 minutes in length
  - Critique of a research article
- Other projects are assigned in specific rotations
Boone Powell Sr. Scholarship – awarded at the end of the internship

SELECTION CRITERIA

- Internship Performance
- Essay
- Interview with a selection committee
Questions – email Susan Roberts (susanro@baylorhealth.edu) or Rose Pounders (rosepo@baylorhealth.edu)