Baylor University Medical Center
Dietetic Internship

Baylor Scott & White Health
Meet the Dietetic Internship Faculty

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Mr. Powell and Ms. Dambold established the program in 1953. First civilian based internship program in the state of Texas.

Boone Powell Sr.
CEO BUMC
1946-1996
“The Dietetic Interns have a special place in my heart!”

Mary Ellen Dambold
Nutrition Services Director
1948-1970
“I’ve always been proud of the Dietetic Internship Program—many have gone on to do some great things!”
Program Description & Mission Statement

- 10 month training program, with a Clinical/Nutrition Therapy Concentration Area
- Accepts 12 Interns per class annually
- ACEND-accredited program, reaccredited in May 2010, reaccreditation scheduled for March 2017

**Our Mission:** The BUMC Dietetic Internship Program’s mission is to provide an atmosphere in which the dietetic intern can apply and augment the knowledge base acquired from the academic setting. The program strives to prepare qualified dietetic professionals by imparting to each student the educational standards established by the ACEND.
Program Goals

1. Prepare graduates to be competent, entry level dietitians. (5 objectives)
2. Prepare graduates who demonstrate professionalism and continued learning. (5 objectives)
3. The program will generate qualified dietitians for employment in the field of dietetics. (2 objectives)
4. Train graduates who display a commitment to community service. (3 objectives)
Prepare graduates to be competent, entry level dietitians.

- Ninety-five percent of students admitted to the dietetic internship will complete the program within 15 months of beginning the program (by October of the following year).
- Eighty-eight percent of graduates over a five year period will pass the registration examination on their first attempt.
- Greater than or equal to ninety-five percent of graduates will rate themselves “at or above” entry level 10-12 months after employment when compared with other dietitians who have graduated from dietetic programs.
- Greater than or equal to ninety percent of employers responding to a survey on a scale of 1-3 (3=excellent) will rate graduates as 2 (satisfactory) or better for professional, clinical and management competencies.
- One hundred percent of employers responding to a survey will rate graduates “at or above” entry level 10-12 months after employment when compared with dietitians who have graduated from dietetic programs.
Program Goals

The program will prepare graduates who demonstrate professionalism and continued learning

- One hundred percent of interns will complete a self-assessment of professionalism attributes.
- Greater than or equal to ninety percent of employers responding to a survey will rate graduates as satisfactory or better for professional competence.
- Continuing professional education programs will be offered annually for preceptors.
- Eighty percent of graduates responding to a survey indicate they are currently enrolled or plan to pursue advanced education.
- Eighty percent of graduates responding to a survey are members of professional organizations.
## Program Goals

<table>
<thead>
<tr>
<th>The program will generate qualified dietitians for employment in the field of dietetics</th>
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<tbody>
<tr>
<td>• One hundred percent of students will attend an interview and resume-writing class.</td>
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<tr>
<td>• Eighty percent of graduates, over a five year period, who are seeking employment, will be employed within 3 months of program completion.</td>
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<tr>
<th>The program will prepare graduates who demonstrate a commitment to community service</th>
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<tr>
<td>• One hundred percent of interns participate in community service within and outside the Medical Center.</td>
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<tr>
<td>• One hundred percent of interns participate in local professional group activities.</td>
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<tr>
<td>• Fifty percent of graduates responding to a survey are involved in community service.</td>
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Clinical/Nutrition Therapy
Concentration Competencies

• **CNT 1.** Develop a foundation which fosters expertise in comprehensive nutrition care to diverse populations in a variety of settings, including neonates, children with special needs and transplant recipients.

• **CNT 2.** Demonstrate an understanding of the role of nutrition-focused physical assessment.

• **CNT 3.** Demonstrate the ability to collect measurable data, analyze research, and document outcomes in the practice setting.

• **CNT 4.** Demonstrate the ability to locate, evaluate, and analyze research results for a question related to nutrition therapy for a specific condition.

• **CNT 5.** Demonstrate a higher level of understanding of risks and benefits associated with enteral and parenteral nutrition therapies in specific conditions.

• **CNT 6.** Demonstrate an understanding of the role of the dietitian in advanced practice skills, i.e. nutrition order writing and feeding tube placement.
Selection Criteria for the BUMC Internship

• Bachelor's degree by program start date
• Completion of a ACEND-approved Didactic Program in Dietetics
• Verification Statement of Completion of Academic requirements (within past 5 years) or Declaration of Intent to Complete Academic requirements
• Overall GPA & dietetic/nutrition-related course work GPA ≥ 3.0/4.0
• Activities demonstrating leadership & ability to work well with people
• Foodservice and/or hospital work experience is very important. Other work experience is helpful.
• Reference letters from professors and employer
  – Two professors in food and nutrition and current/recent employer
• Applicant's personal letter/statement
• Interviews are not conducted, however tours are encouraged.
  – Tours may be scheduled by contacting the program manager, Ashley Mullins, any time during the year except between January 27th, 2017 – April 14, 2017
Final Acceptance is contingent upon:

• Submission of a Verification Statement of Completion of Academic requirements within 30 days of the start date of the program. Verification Statement must be dated within the last 5 years.

• Successful completion of the Baylor Health Care System employee health physical, drug screen and background check (going back 10 years). Any adverse findings may result in a candidate being denied final acceptance into the Dietetic Internship Program.

• Insurance & certification requirements (purchased by intern)
  – Health insurance
  – Automobile liability insurance
  – Supplemental malpractice liability insurance
  – CPR (healthcare provider) certified
# Internship Estimated Expenses

subject to variation as expenses are estimates only

<table>
<thead>
<tr>
<th>Description</th>
<th>Cost</th>
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<tbody>
<tr>
<td>Academy Student Membership</td>
<td>$50</td>
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<tr>
<td>Internship Tuition</td>
<td>$8,000</td>
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<tr>
<td>Safety Shoes</td>
<td>$30</td>
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<tr>
<td>Apartment Housing (15 min from campus)</td>
<td>$700 - $900/month</td>
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<tr>
<td>Internship Application Fee</td>
<td>$75</td>
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<tr>
<td>Registration Exam for Dietitians: (following completion of program)</td>
<td>$200</td>
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<tr>
<td>Meals</td>
<td>$10.00 - $15.00/day</td>
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<tr>
<td>Graduate Credits - 6 hrs: (optional)</td>
<td>$1,460 in-state, $3,800 out-of-state</td>
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<tr>
<td>Travel: (distance for off-site rotations can vary)</td>
<td>$900/year</td>
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<tr>
<td>Miscellaneous: (books, other resources as needed)</td>
<td>$50 - $100</td>
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<tr>
<td>Liability Insurance</td>
<td>$24</td>
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Baylor University Medical Center Internship Timeline August-May

**Internship Orientation:**
Two weeks of hands on skills including nutrition physical focused exam, assessment of vital signs, conducting patient interviews, simulation lab and other clinical skills.

**Assignments & Presentations:**
Present two 10 minute case studies from assigned rotation to clinical preceptors.

**National Nutrition Month Events:**
Interns oversee NNM events including planning and implementation with planning starting in the Fall.

**Boone Powell Scholarship Application:**
Eligible interns will undergo application process for the scholarship. Scholarship is awarded based on performance professionally and academically and panel results of the interview and written essay.

**Start Rotations**
- **Clinical:** clinical basics, general medicine, GI, Cardiology, Oncology, blood and marrow transplant, NICU, organ transplant, ICU, trauma, pediatrics.
- **Management:** small hospital management, patient services, retail, production, school foodservice, catering
- **Community:** executive wellness, outpatient counseling, home infusion, renal, & diabetes, bariatrics, eating disorders

**Research:** Interns select preference of research topics and are assigned a research coach. Interns present a journal club related to their research topic and critique the quality of research. Data collection begins prior to holiday break.

**Research Seminar Presentation:**
Present outcomes from research project with formal seminar to clinical preceptors.

**3-4 Weeks Staff Relief:** Interns rank their top choices for staff relief and perform nutrition care as the covering RD with preceptor support.
Orientation – Week 1

• Hospital Orientation – 1.5 to 2 days
• Classes (vary from year to year):
  – Team Building
  – Training on Library Resources
  – Coping with Grief and Dying
  – Personality & Learning Styles
Introduction to Clinical Practice- Week 2

• Classes and hands-on activities
  – Subjective global assessment & nutrition-focused physical exam
  – Laboratory values in nutrition assessment
  – Enteral & parenteral nutrition support
  – Nutrition in oncology, intensive care, GI disease, pediatrics, wound healing
  – Dental area & nutrition, including intra- & extra-oral exam & assessment of the cranial nerves
  – Simulation lab & hands-on activities including abdominal exam, heart & lung sounds, vital signs
Rotations-Weeks 3-38

Clinical Rotations
- Bariatric Surgery
- Cardiology
- Diabetes
- Gastrointestinal Disease
- Hematopoietic Stem Cell Transplantation
- Liver Disease
- Neonatology
- Neurology
- Nutrition Support-Enteral/Parenteral
- Oncology
- Outpatient Counseling
- Organ Transplantation
- Pediatric Specialized Programs
- Rehabilitation
- Renal Disease
- Trauma

Rotations in the Community
- Central Admixture Pharmacy
- Dental
- Dialysis
- Home Infusion Therapy
- WIC
- Executive Wellness
- Eating Disorders

Management Rotations
- School Food Service
- Patient Services
- Small Hospital Management
- Production & Purchasing
- Retail
Staff Relief-Week 39-41

• **Staff Relief 3-4 weeks at end of internship**
  – Appointed to assigned area and specialty with consideration of intern preference
  – Intern assumes complete RDN responsibilities with supervision of preceptor

• **Breaks**
  – All interns are scheduled time off at the same time during Christmas and Spring Break
    • Christmas - 2 weeks
    • Spring Break-1 week
Major Project Assignments

• Two Chart Presentations (Fall)
  – Presentation of a patient case seen during rotation
• Research Project
  1. Journal Club related to research topic (Fall)
     • One hour presentation with discussion and critique of journal article related to research topic
  2. Professional presentation of research outcomes (Spring)
  3. Written paper of research project (Spring)
• National Nutrition Month (March)
• Other projects are assigned in specific rotations
Boone Powell Sr. Scholarship:

- Awarded at the end of the internship
- Selection Criteria
  - Internship Performance
  - Written Essay
  - Interview with selection committee
Questions – email
Susan Roberts: Susan.Roberts@BSWHealth.org
or
Ashley Mullins: Ashley.Mullins@BSWHealth.org